

# 2009 NCAC INDOOR TRACK & FIELD CHAMPIONSHIPS INFORMATION

## This Season's Top Women's Performances

<b>55 Meter Dash</b>	
Starr Gary, Earlham .....	7.50
Ali Gemma, Oberlin .....	7.55
Beth Muller, Allegheny .....	7.63
Kari Domiano, Wittenberg .....	7.77
Amanda Miller, Oberlin .....	7.83
<b>55 Meter Hurdles</b>	
Katelynn Riley, Wooster .....	8.83
Christa Cocumelli, Ohio Wesleyan .....	9.04
Ashlie Britton, Ohio Wesleyan .....	9.13
Madeline Schultz, Oberlin .....	9.18
Jessica Merrill, Ohio Wesleyan .....	9.22
<b>200 Meters</b>	
Beth Muller, Allegheny .....	26.59
Starr Gary, Earlham .....	26.92
Lainey Kekic, Ohio Wesleyan .....	27.26
Rebecca Lendyak, Ohio Wesleyan .....	27.40
Ali Gemma, Oberlin .....	27.41
<b>400 Meters</b>	
Amanda Miller, Oberlin .....	1:00.47
Madeline Schultz, Oberlin .....	1:01.13
Rachel Newman, Ohio Wesleyan .....	1:02.16
Catherine Keurbitz, Wittenberg .....	1:02.17
Beth Muller, Allegheny .....	1:02.24
<b>800 Meters</b>	
Sarah Shinn, Ohio Wesleyan .....	2:17.19
Rachel Newman, Ohio Wesleyan .....	2:17.98
Madeline Schultz, Oberlin .....	2:20.51
Nicole Ouellet, Oberlin .....	2:20.59
Claire Everhart, Ohio Wesleyan .....	2:22.47
<b>One Mile</b>	
Nicole Ouellet, Oberlin .....	5:01.19
Christine Moore, Oberlin .....	5:19.31
Katie Stancik, Allegheny .....	5:19.72
Samantha Zink, Allegheny .....	5:20.93
Kaitlin Zimmerly, Ohio Wesleyan .....	5:21.35
<b>3000 Meters</b>	
Joanna Johnson, Oberlin .....	10:31.73
Mia Symoniak, Allegheny .....	10:32.40
Nicole Ouellet, Oberlin .....	10:35.43
Kaitlin Zimmerly, Ohio Wesleyan .....	10:46.68
Christine Moore, Oberlin .....	10:55.46
<b>5000 Meters</b>	
Joanna Johnson, Oberlin .....	17:24.84
Mia Symoniak, Allegheny .....	17:51.39
Mary Pfeifer, Wittenberg .....	18:56.89
Rachel Hutchinson, Allegheny .....	18:57.22
Darcy Dubuc, Wittenberg .....	19:06.89
<b>4 x 200 Meter Relay</b>	
Wittenberg .....	1:50.27
Ohio Wesleyan .....	1:50.49
Oberlin .....	1:50.69
Earlham .....	1:51.98
Denison .....	1:52.95
<b>4 x 400 Meter Relay</b>	
Ohio Wesleyan .....	4:10.30
Oberlin .....	4:10.85
Wittenberg .....	4:12.68
Denison .....	4:21.87
Wooster .....	4:26.56
<b>Distance Medley Relay</b>	
Allegheny .....	12:37.67
Oberlin .....	13:02.17
Ohio Wesleyan .....	13:05.10
Kenyon .....	13:23.76
Wooster .....	13:46.77
<b>High Jump</b>	
Elizabeth Ross, Earlham .....	5'03.75"
Madeline Schultz, Oberlin .....	5'03.25"
Lainey Kekic, Ohio Wesleyan .....	4'10.50"
Evianna van de Zande, Wittenberg .....	4'10.25"
Elizabeth Wardrop, Wooster .....	4'09.75"
<b>Pole Vault</b>	
Emily Hammeren, Denison .....	10'07.00"
Chelsea Imm, Ohio Wesleyan .....	10'02.75"
Kaitlyn Wesseler, Wittenberg .....	10'00.00"
Laura Vernon, Oberlin .....	9'10.00"
Ali Drushal, Wooster .....	9'06.25"
<b>Long Jump</b>	
Ali Gemma, Oberlin .....	16'04.50"
Sarah Shinn, Ohio Wesleyan .....	16'01.50"
Claire Navarro, Denison .....	15'11.00"
Katelynn Riley, Wooster .....	15'05.00"
Jessica Merrill, Ohio Wesleyan .....	15'04.75"
<b>Triple Jump</b>	
Kayla Miller, Wooster .....	34'01.50"
Claire Navarro, Denison .....	33'03.25"
Ramona Hemmings, Earlham .....	32'07.75"
Lainey Kekic, Ohio Wesleyan .....	32'07.50"
Lauren Heltman, Allegheny .....	32'02.25"
<b>Shot Put</b>	
Lauren Butler, Allegheny .....	40'00.50"
Hannah Philpot, Ohio Wesleyan .....	39'01.00"
Emily Taylor, Denison .....	36'08.50"
Katie Dale, Wooster .....	36'07.00"
Samantha Smith, Ohio Wesleyan .....	35'07.25"

## This Season's Top Men's Performances

<b>55 Meter Dash</b>	
Solomon Turner, Oberlin .....	6.57
Jordon Exeter, Ohio Wesleyan .....	6.61
Steve Flatley, Denison .....	6.67
Sean Patrick, Ohio Wesleyan .....	6.67
Manoach Lamarre, Wittenberg .....	6.72
<b>55 Meter Hurdles</b>	
Emmanuel Aouad, Wabash .....	7.73
Andrew Bloom, Ohio Wesleyan .....	7.74
Steve Brown, Ohio Wesleyan .....	7.74
Bryan Albani, Wooster .....	7.79
David Franklin, Ohio Wesleyan .....	8.04
<b>200 Meters</b>	
Solomon Turner, Oberlin .....	22.69
Sean Patrick, Ohio Wesleyan .....	22.85
Seth Wimberly, Oberlin .....	22.93
Reshard El-Shair, Oberlin .....	23.03
Jordon Exeter, Ohio Wesleyan .....	23.06
Ryan Ellis, Ohio Wesleyan .....	23.06
<b>400 Meters</b>	
Seth Wimberly, Oberlin .....	49.92
Taylor Throckmorton, Allegheny .....	50.16
Preston Osborn, Ohio Wesleyan .....	50.26
Reshard El-Shair, Oberlin .....	50.34
Wes Chamblee, Wabash .....	50.34
<b>800 Meters</b>	
Lex Hultquist, Denison .....	1:56.29
Kyle Lemke, Ohio Wesleyan .....	1:56.52
Ben Pendery, Denison .....	1:57.71
Garret Andre-Johnson, Ohio Wesleyan .....	1:57.90
Chris Black, Denison .....	1:58.53
<b>One Mile</b>	
Tony Dipre, Allegheny .....	4:09.63
Jeramie Parker, Allegheny .....	4:17.65
Makorobondo Salukombo, Denison .....	4:18.72
Kevin McCarthy, Wabash .....	4:19.34
Gabe Savage, Wittenberg .....	4:19.99
<b>3000 Meters</b>	
Tony Dipre, Allegheny .....	8:38.40
Conor Doss, Oberlin .....	8:48.84
Ryan Hanson, Allegheny .....	8:49.56
Jakeb Zimmerman, Allegheny .....	8:50.22
Chris Marker, Allegheny .....	8:50.99
<b>5000 Meters</b>	
Ryan Hanson, Allegheny .....	14:46.67
Tony Dipre, Allegheny .....	15:09.01
Kaleb Keyserling, Kenyon .....	15:14.65
David Stefanik, Ohio Wesleyan .....	15:16.43
Chris Marker, Allegheny .....	15:16.79
<b>4 x 200 Meter Relay</b>	
Ohio Wesleyan .....	1:29.54
Oberlin .....	1:32.21
Wabash .....	1:33.42
Wittenberg .....	1:34.05
Earlham .....	1:35.78
<b>4 x 400 Meter Relay</b>	
Ohio Wesleyan .....	3:19.98
Oberlin .....	3:26.28
Wabash .....	3:27.24
Allegheny .....	3:28.08
Wittenberg .....	3:29.12
<b>Distance Medley Relay</b>	
Allegheny .....	9:57.42
Wabash .....	10:11.81
Denison .....	10:21.32
Ohio Wesleyan .....	10:32.48
Kenyon .....	10:36.39
<b>High Jump</b>	
David Burke, Ohio Wesleyan .....	6'02.00"
Andrew Bloom, Ohio Wesleyan .....	6'00.00"
Robbie Christian, Denison .....	6'00.00"
Erik Larkin, Wittenberg .....	6'00.00"
John Mathis, Wooster .....	6'00.00"
<b>Pole Vault</b>	
Peter Sotherland, Allegheny .....	13'11.75"
Jon Smith, Ohio Wesleyan .....	13'06.25"
Erich Wittmer, Allegheny .....	13'01.50"
Justen Cox, Wittenberg .....	13'00.25"
<b>Long Jump</b>	
David Burke, Ohio Wesleyan .....	22'04.25"
Justin Johnson, Hiram .....	21'10.00"
Jordon Exeter, Ohio Wesleyan .....	21'03.50"
Joe McMahon, Allegheny .....	20'11.75"
Emmanuel Aouad, Wabash .....	20'11.25"
<b>Triple Jump</b>	
Joe McMahon, Allegheny .....	47'02.50"
David Burke, Ohio Wesleyan .....	45'00.50"
Erik Larkin, Wittenberg .....	44'02.75"
Eric Dyer, Wooster .....	43'09.25"
Abram Moore, Wooster .....	43'03.00"
<b>Shot Put</b>	
Chad Wertman, Earlham .....	51'03.50"
Joshua Gallagher, Oberlin .....	48'00.00"
Chris Shaw, Earlham .....	48'00.00"
Kyle Faris, Ohio Wesleyan .....	47'08.00"
Matt Schellar, Wabash .....	47'05.00"