

# Denison University Strength & Conditioning Staff



## **Mark Watts** [\[bio\]](#)

Director of Strength & Conditioning  
Physical Education Instructor & Practicum Supervisor  
MS in Exercise Science – California U. of PA  
M.Ed in Elementary Education – Clarion U. of PA  
BS in Elementary Education – Clarion U. of PA  
NSCA – Certified Strength & Conditioning Specialist  
USAW – Sports Performance Coach  
NASM – Performance Enhancement Specialist  
CSCCa – Strength & Conditioning Coach Certified  
CPR/AED and First Aid



## **Jack Hatem** [\[bio\]](#)

Assistant Strength & Conditioning Coach  
Physical Education Instructor  
MS in Physical Education – Ohio University  
BS in Physical Education – Rio Grande College  
CPR/AED and First Aid



## **Frank Little** [\[bio\]](#)

Assistant Strength & Conditioning Coach  
Assistant Football Coach  
Physical Education Instructor  
BS in Physical Education – Ashland University  
CPR/AED and First Aid



## **PJ Soteriades** [\[bio\]](#)

Assistant Strength & Conditioning Coach  
Head Field Hockey Coach  
Physical Education Instructor  
BS in Organizational Communication – Ohio University  
CPR/AED and First Aid



## **Adam Stewart** [\[bio\]](#)

Assistant Strength & Conditioning Coach  
Assistant Lacrosse Coach  
Physical Education Instructor  
BA in Political Science – Denison University  
CPR/AED and First Aid