

Preventive Services Guidelines

Adolescent Immunizations and Screenings 11–18 Years Old



Aetna adopts clinical preventive services recommendations from federal agencies and medical professional organizations. These include the U.S. Preventive Services Task Force (USPSTF) <http://www.ahrq.gov/clinic/prevenix.htm>, the National Cancer Institute (NCI) <http://www.cancer.gov/cancertopics/screening> for preventive screenings, and the Centers for Disease Control and Prevention (CDC) <http://www.cdc.gov/nip/home-hcp.htm> for immunizations. In the absence of a definitive recommendation from these sources, we recognize recommendations from other nationally recognized sources, such as the American Cancer Society (ACS).

This document summarizes general immunization and screening guidelines for adolescents ages 11 to 18 years old. These preventive services guidelines are recommended for healthy adolescents for the prevention and early detection of certain conditions and diseases. Parents of children with high-risk conditions are encouraged to talk with their health care provider about the guidelines to determine what is appropriate for their children's individual needs. You'll find full content of the guidelines through the website links provided.

Full content of the immunization guidelines can be found at <http://www.cdc.gov/nip/home-hcp.htm>. Full content of screening guidelines can be found at <http://www.ahrq.gov/clinic/prevenix.htm>.

IMMUNIZATION/SCREENINGS (11–18 YEARS)

ADMINISTRATION

Meningococcal

1 Dose — between 11-12 years old or at the start of high school (or at the start of college if not previously immunized)

Tetanus-Diphtheria-Pertussis (Tdap)

1 Dose — between 11-12 years old if the childhood DTP/DTaP series is complete and the child has not received the Td booster dose*

Human Papillomavirus (HPV)

3 Doses — females between 11-12 years old;** second and third doses 2 and 6 months after the first dose

Measles, Mumps and Rubella (MMR)

1 Dose — second of 2-dose series between 11-12 years old if not previously given between 4-6 years old

Varicella-Zoster (Chicken Pox)

2 Doses — at least 4-8 weeks apart for children >13 years old without a history of chicken pox or previous immunization***

Height and Weight

Periodically — between 11-18 years old

*Adolescents ages 13-18 years who missed the 11-12-year Td/Tdap booster dose should also receive a single dose of Tdap if they have completed the recommended childhood DTP/DTaP vaccination series. Subsequent Td boosters are recommended every 10 years.

**The vaccination series can be started in females as young as age 9 years; catch-up vaccination is recommended for females ages 13-26 years who have not been vaccinated previously or who have not completed the full vaccine series.

***A second dose catch-up varicella vaccination is now recommended for children, adolescents and adults who previously had received one dose .

These guidelines are provided for informational purposes only and are not intended to direct coverage or benefit determinations, nor are they intended to direct treatment decisions. Last updated March 2007.

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