

Preventive Services Guidelines

Childhood Immunizations and Screenings 3–10 Years Old



Aetna adopts clinical preventive services recommendations from federal agencies and medical professional organizations. These include the U.S. Preventive Services Task Force (USPSTF) <http://www.ahrq.gov/clinic/prevenix.htm>, the National Cancer Institute (NCI) <http://www.cancer.gov/cancertopics/screening> for preventive screenings, and the Centers for Disease Control and Prevention (CDC) <http://www.cdc.gov/nip/home-hcp.htm> for immunizations. In the absence of a definitive recommendation from these sources, we recognize recommendations from other nationally recognized sources, such as the American Cancer Society (ACS).

This document summarizes general immunization and screening guidelines for children ages 3 to 10 years old. These preventive services guidelines are recommended for healthy children for the prevention and early detection of certain conditions and diseases. Parents of children with high-risk conditions are encouraged to talk with their health care provider about the guidelines to determine what is appropriate for their children's individual needs. You'll find full content of the guidelines through the website links provided.

Full content of immunization guidelines can be found at <http://www.cdc.gov/nip/home-hcp.htm>. Full content of screening guidelines can be found at <http://www.ahrq.gov/clinic/prevenix.htm>.

IMMUNIZATION/SCREENINGS (3–10 YEARS)

ADMINISTRATION

**Diphtheria, Tetanus and
Acellular Pertussis (DTaP)**

1 Dose — between 4-6 years old

Polio (IPV)

1 Dose — between 4-6 years old

Measles, Mumps and Rubella (MMR)

1 Dose — between 4-6 years old

Varicella-Zoster (Chicken Pox)

1 Dose — between 4-6 years old*

Height and Weight

Periodically — between 3-10 years old

Vision

Periodically — younger than 5 years old

*The second dose can be administered at an earlier age provided the interval between the first and second dose is at least 3 months. However, if the second dose is administered at least 28 days following the first dose, the second dose does not need to be repeated. A second dose catch-up varicella vaccination is now recommended for children, adolescents and adults who previously had received one dose.

These guidelines are provided for informational purposes only and are not intended to direct coverage or benefit determinations, nor are they intended to direct treatment decisions. Last updated March 2007.

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